



FEBRUARY 2021 HOT MENU

	MONDAY 1	TUESDAY 2	WEDNESDAY 3	THURSDAY 4	FRIDAY 5
	Cinnamon Rolls Fruit 8 oz. Milk	Pancake w/ Syrup Fruit 8 oz. Milk	Yogurt Fruit 8 oz. Milk	English Muffin w/ Jelly Fruit 8 oz. Milk	Granola Bar Fruit 8 oz. Milk
LUNCH	2 Oz Honey Old Bay Chicken Legs ½ C Rice Pilaf w/ Peppers & Onions 1 Green Beans ½ C Grapes	2 Oz Mango BBQ Meatballs 2 Oz Spanish Rice ½ C Squash & Zucchini ½ C Fruit Cocktail	2 Oz Goulash Roasted Potato Wedges ½ C Garlic Broccoli ½ C Apple Sauce	2 Oz Roasted Sweet Chili Chicken Legs ½ C Citrus Glazed Carrots 1 Slice Whole Wheat Bread ½ C Orange Slices	2 Oz Chicken Salad Whole Wheat Tortilla Wrap ½ C Celery ½ C Peaches
	MONDAY 8	TUESDAY 9	WEDNESDAY 10	THURSDAY 11	FRIDAY 12
	Nutri Grain Bars Fruit 8 oz. Milk	Granola Bar Fruit 8 oz. Milk	Biscuits w/ Butter Fruit 8 oz. Milk	Muffins Fruit 8 oz. Milk	Granola Bar Fruit 8 oz. Milk
LUNCH	2 Oz Chicken Pesto Pasta 2 Oz Whole Wheat Pasta ½ C Broccoli ½ C Apple Slices	2 Oz Honey BBQ Chicken Pasta 2 Oz Whole Wheat Pasta ½ C Green Beans ½ C Pineapple Tidbits	2 Oz Whole Wheat Spaghetti 2 Oz Meatballs ½ C Celery ½ C Fruit Cocktail	2 Oz Chicken Tacos w/ Chili Lime 1 Oz Whole Wheat Tortilla ½ C Rice Pilaf w/ Roasted Peppers (Brown Rice) ½ C Peaches	2 Oz Beef Quesadilla 1 Oz Whole Wheat Tortilla ½ Brown Pilaf (Brown Rice) ½ C Black Beans ½ C Grapes
	MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18	FRIDAY 19
	Nutri Grain Bars Fruit 8 oz. Milk	English Muffin w/ Jelly Fruit 8 oz. Milk	Yogurt Fruit 8 oz. Milk	Pancakes w/ Syrup Fruit 8 oz. Milk	Cinnamon Rolls Fruit Milk
LUNCH	2 Mango Chili Chicken Bites ½ C Rice Pilaf w/ Roasted Peppers (Brown Rice) ½ C Pinto & Black Beans ½ C Oranges	2 Oz Chicken & Vegetable Alfredo Pasta 2 Oz Whole Wheat Pasta ½ C Broccoli ½ C Apple Slices	2 Oz Lemon Pepper Chicken Legs 1/2 C Brown Rice Peas & Carrots ½ C Black Beans ½ C Fruit Cocktail	2 Oz Teriyaki Chicken Bites ½ C Rice Pilaf ½ C Corn ½ C Diced Peaches	2 Oz Chicken Pasta Salad 2 Oz Whole Wheat Pasta ½ C Marinated Roasted Vegetable ½ C Diced Pineapple
	MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25	FRIDAY 26
	Muffins Fruit 8 oz. Milk	Bagel w/ Cream Cheese Fruit 8 oz. Milk	Pancake w/ Syrup Fruit 8 oz. Milk	Nutri Grain Bar Fruit 8 oz. Milk	Yogurt Fruit 8 oz. Milk
LUNCH	2 Oz Chicken Fajitas 1 Oz Sauteed Vegetables 1 Oz Whole Wheat Tortilla ½ C Roasted Corn ½ C Grapes	2 Oz Taco MAC ½ C Roasted Potato Wedges ½ C Green Beans ½ C Diced Peaches	2 Oz Teriyaki Chicken Legs ½ C Mashed Potatoes 1 Slice Whole Wheat Bread ½ C Oranges	2 Oz BBQ Meatballs 2 Oz Spanish Rice ½ C Squash & Zucchini ½ C Fruit Cocktail	2 Oz Chicken Pesto 2 Oz Whole Wheat Pasta ½ C Roasted Broccoli ½ C Apple Sauce