

# Triennial Assessment Tool

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to a Model Policy
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023, or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

**Date of Assessment:** June 17, 2025 **Name of District:** Ethos Classical Charter School **Number of Schools in District:** 1

<b>Nutrition Education Goal(s):</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Wellness Day - Annual	Partially Completed	1	
2. Meal Program Taste Tests - Monthly	Partially Completed	1	Meal Program Taste Test Day
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
<b>Nutrition Promotion Goal(s):</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Wellness Week	Partially Completed	1	Wellness Day – shared in promotions to families
2. Meal Program Taste Test Recap	Completed	1	
3. Recipe of the Month	In Progress		New Vendor to complete
4.	Choose an item.		
5.	Choose an item.		
<b>Physical Activity Goal(s):</b>	<b>Status (select one):</b>	<b>Number of Compliant Schools:</b>	<b>Notes:</b>
1. Afterschool Programs	Completed	1	Implementation of student clubs that promote physical activity
2. Structured Play at Recess	Completed	1	
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

Other School-Based Activities that Promote Student Wellness Goal(s):	Status (select one):	Number of Compliant Schools:	Notes:
1. Gardening Club	Not Completed		
2. Flag Football Club	Completed	1	
3. Baseball Club	Completed	1	
4. Soccer Club	Completed	1	
5. Girls On The Run	Completed	1	
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. N/A	Choose an item.		
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Nutrition Guidelines for All Foods and Beverages Not Sold to Students (i.e., classroom parties, foods given as reward)	Status (select one):	Number of Compliant Schools:	Notes:
1. Streamlining Classroom Parties	Completed	1	<a href="#">Ethos Family Handbook page 34 &amp; 35</a>
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. N/A	Choose an item.		
2.	Choose an item.		
3.	Choose an item.		
4.	Choose an item.		
5.	Choose an item.		

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<b>Wellness Policy Leadership</b> <i>Name of school official(s) who are responsible to ensure compliance.</i>		<b>Title and School</b>	<b>Notes:</b>
1. Valerie Flanigan		Operations Manager	
2. Victoria Hudson		Chief Operating Officer	
3.			
4.			
5.			
<b>Wellness Committee Involvement</b> <i>List of committee members' names</i>		<b>Title and Organization</b>	<b>Notes:</b>
1. Valerie Flanigan		Operations Manager	
2. Victoria Hudson		Chief Operating Officer	
3. Parrish Amos		Nutrition Coordinator	
4. Debrian Wright		Director of Operations	
<b>Public Notification</b> <i>Where it is posted i.e., webpage, handbook, etc.</i>		<b>How often it is updated/released:</b>	<b>Notes:</b>
1. Webpage		Annually	<a href="https://ethosclassical.org/our-nutrition/">https://ethosclassical.org/our-nutrition/</a>
2.			
3.			
4.			
5.			

<b>KEY</b>	
<b>Completed</b>	select if you have met this goal at all schools
<b>Partially Completed</b>	select if one or more schools has met this goal
<b>In Progress</b>	select if you are working on the goal, but none of the schools have met the goal
<b>Not Completed</b>	select if you have not begun working on this goal

# Local Wellness Policy Assessment Comparison to a Model Policy

The Local Wellness Policy Final Rule requires districts to assess the extent to which their Local Wellness Policy aligns with model policies at least once every three years. Use this form to assess how your policy compares to the Model Policy. Identify the areas of strength and success and the areas the district wants to work on in the coming years. **Districts are required to make the Local Wellness Policy and Triennial Assessment results available to the public.**

District Name: Ethos Classical Academy

Date: June 17, 2025

		Yes/No	Comments
1	Policy contains specific language regarding nutrition education.	Yes	
2	Policy contains specific language regarding nutrition promotion.	Yes	
3	Policy contains specific language regarding physical activity as part of health education.	Yes	
4	Policy contains specific language regarding <b>increased</b> student activity including physical activity breaks, active academics, and before and after school activities.	No	
5	Policy contains specific language regarding health education curriculum requirements on healthy eating.	Yes	
6	Policy contains specific language regarding other activities that promote student wellness. This includes community partnerships, family engagement, staff wellness, and professional learning.	Yes	
7	Policy contains specific language regarding nutrition requirements established by local, state, and federal regulations.	Yes	
8	Policy contains specific language regarding competitive foods and beverages.	Yes	
9	Policy contains specific language regarding food use in celebrations and rewards.	Yes	
10	Policy contains specific language regarding fundraising guidelines.	Yes	

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11	Policy contains specific language regarding food and beverage marketing in schools.	Yes	
12	Policy contains specific language regarding water availability and promotion.	No	
13	Policy contains specific language regarding promotion of healthy food and beverages.	Yes	
14	Policy contains specific language regarding staff qualifications and professional development.	No	
15	Policy contains specific language regarding community involvement, including outreach and communication to the community.	No	
16	School Food Authority (SFA) has convened a Wellness Committee.	Yes	
17	Wellness committee meets at least 4 times per year.	No	At least once per year
18	Committee includes representatives from all school levels and include (to the extent possible) but not limited to: parents and caregivers; students; representatives from school nutrition department; physical education teachers; health education teachers; school health professionals; school health services staff; mental health and social services staff; school administrators; school board members; and the general public.	Yes	
19	The SFA has developed and maintains a plan for managing and coordinating the execution of the policy. This plan delineates roles, responsibilities, actions, and timelines specific to each school.	Yes	
20	The SFA has convened the district wellness committee and facilitate development of and updates to wellness policy and will ensure each school's compliance with the policy.	Yes	
21	SFA has retained records that document compliance with policy requirements.	Yes	
22	SFA annually informs families and the public of basic policy information. Information includes policy content, updates, and implementation status.	Yes	
23	The SFA has evaluated compliance with the policy to assess implementation. The evaluation occurs triennially, and results are	Yes	

	posted publicly. If the assessment has not occurred, determine plans for the evaluation.		
<b>24</b>	Following the triennial evaluation, the policy was assessed and updated as needed. If this has not occurred what are plans to assess and update the policy?	Yes	